

JONATHAN EDWARDS COLLEGE

FIRST-YEAR HANDBOOK

2019

DEAR JE SPIDERS — CLASS OF 2023!

If you were to ask the Admissions Office why Jonathan Edwards College is best of all the other thirteen residential colleges of Yale University, they would likely recite: “No college is better than any other college. Colleges are randomly assorted communities. No one college is better, *per se*, they’re just different.” But, we in JE know the truth and soon, you too will know that JE is simply the best college!

Of course, the other colleges will attempt to make this same claim by mentioning something about their lipstick statues or their garden gnomes. However, when Yalies speak of JE events—like our Monster Ball and Spider Ball or Culture Draw or epic Food Nights, expect to detect a quiver in their voice and a wistful look in their eyes. Moreover, should the topic of IM’s arise, be prepared for unbridled displays of envy, due to the fact that the Tyng Cup (the chalice of the college intramural championships) resided in JE for three consecutive years, from 2010 to 2012! It would be fair enough to point out that that was aeons ago. Perhaps the Class of 2023 will help bring the Tyng Cup back this year?!

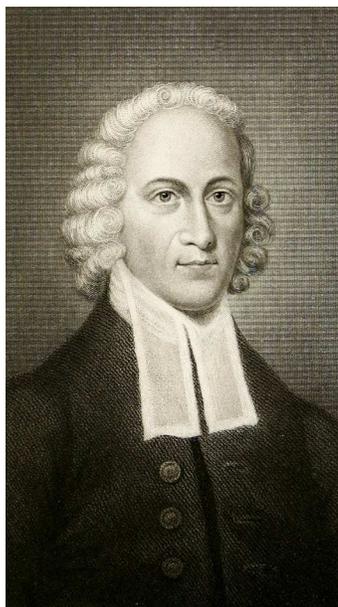
But, rather than sell you on JE’s advantages now, we’d much rather you discover, celebrate, and sustain our great legacy. It’s a well-known fact that colleges and their accolades live and die on the strength and pride of their first-year class. Is this too much to expect?! Perhaps elsewhere, but we have faith that you are up for this task—look at what you’ve accomplished thus far!

With that, we are excited about your arrival and will be there waiting for you with open arms—ready to give hugs, take your questions...and your bags!

We look forward to dining with you in the Great Hall, chatting with you in the Admin Offices and cheering you on during IM Sports! You are now members of the JE community—welcome home Spiders!

Sux et Veritas,
The Jonathan Edwards Community

THE BASICS



JONATHAN EDWARDS

Class of 1720, Jonathan Edwards was among the foremost theologians and philosophers of his time. He was a fiery preacher who is our beloved namesake.

RESIDENTIAL COLLEGES

In 1931, University administration borrowed a housing idea from Oxford and Cambridge (the only good idea to come from a college in any city named Cambridge). The result was a development plan that forever changed the face of Yale College: the Residential College System.

The year 1932 saw the construction of the first of the original seven "residential quadrangles" under the direction of architect James Gamble Rogers. Jonathan Edwards College, named for the child prodigy and brilliant Yale alumnus (1720) and arguably the greatest theologian of The Great Awakening came into its glorious being.

SPIDERS

We are JE Spiders and proud of it! If you're up on your 18th century literature, you might guess that our mascot derives from our namesake's most famous sermon, "Sinners in the Hands of an Angry God." Not one to shy from fiery rhetoric, Edwards wrote: "The God that holds you over the pit of hell, much as one holds a *spider*, or some loathsome insect over the fire, abhors you, and is dreadfully provoked..." Inspiring huh? So there you have it. Spiders.

WHY JE SUX!

Don't be fooled by the seemingly self-deprecating sound of our battle cry, "JE SUX!" It worried us when we first heard it but we quickly learned that it's the best slogan of any college! It has a long and colorful history dating back to the 1970s. It all began when a group of JE students devised a plan to win at a former Yale tradition: Bladderball. Each year, students celebrated the end of the fall mid-term by trying to push a large water-filled ball from its origin on Old Campus to the gates of their college proper. One year, some enterprising Spiders built a crane-like machine atop an Old Campus building that was designed to snatch up the ball and hoist it over to a crowd of JE students awaiting victory. Unfortunately, the hook on the contraption burst the ball, and their plan was instantly thwarted. Angry participants began shouting, "JE sucks!" a chant that became popular at Yale football games. Subsequently, we held the record for the longest undefeated streak in the history of Yale intramural sports and then kept on winning, forging a new record of 55 games that still gloriously stands. They won four straight championships—and it was all to the chant of "JE Sux!" The moniker "Sux" spread to other JE teams and then became a rallying cry for the College as a whole.

WHY YOU'RE LUCKY

Any honest Yale would agree that JE is hands-down the most spirited college on campus (after the obligatory nod to their own college).

It's probably because we're one of the smallest and most intimate of the other colleges, with the most and best traditions of any other college.

Here's a short list to get you prepared:

JE GEAR

JE famously has wonderful gear: Hats, bathrobes, nalgene, gloves, ties, scarves, T-shirts, sweatshirts, gloves, headbands, rugby shirts, bathrobes, flip flops, socks (JE sox), croakies, towels, joggers, windbreakers, umbrellas—you name it... we've got it all, and it's all JE.

CULTURE DRAW

As the classiest college, our Head of College sponsors a draw each semester to give away tickets to New York opera, ballet and Broadway shows. Complete with a meal with a JE Fellow at one of New York's finest restaurants, don't miss the chance to win a trip.

STUDY BREAKS AND FOOD NIGHTS

Late night snacks sponsored by JE. Your FroCos will **host a weekly food night**. SAC (Student Activities Committee) will host monthly food nights with various themes. During Reading Period, the Head of College, Dean and Graduate Affiliates will each host a themed study break. During the Holidays, the Great Hall features themed dinners.

INTENSE DISLIKE OF BRANFORD COLLEGE

We do this a lot. They are our rivals—arch-nemeses if you will. Think Hatfields and McCoys. They dislike us - we are indifferent.

WINTER LIGHTS

Spider First-Years maintain a tradition of being the first First-Years to hang Holiday lights outside Farnam and get Old Campus in the festive mood.

WET MONDAY

First-Years **attempt to** invade JE proper armed with anything water at midnight on the Monday after Easter. Upperclassmen defend the castle. Everyone gets wet and so everyone wins!

SPIDER BALL

It's the swankiest party on campus all year. Exclusive to Spiders and their guests only.

FARNAM HALL

YOUR NEW HOME



FARNAM 101

Many of the questions you (and probably your parents) are asking right now probably concern what (Henry) Farnam Hall is like. After all, it is extremely important to make your dorm room your own safe haven: You'll want to create a comfortable, relaxing atmosphere that is conducive to both studying and social interaction.

OVERVIEW

As you may know, only four residential colleges house their first-years alongside their upper-level students: Timothy Dwight, Benjamin Franklin, Pauli Murray and Silliman. The rest of Yale's First-Years make their homes on Old Campus, where Farnam Hall is located.

JE only wants the best for its First-Years, and that's why we house our new Spiders in Farnam Hall. About two-thirds of Farnamites find themselves in singles and the rest are in doubles of palatial proportions.

You'll quickly discover Farnam's charm; it is an awesome building and the setup is ideal. Its system of interconnected suites lends itself to lots of interaction with your JE classmates. And although small disturbances are sure to arise over the state of the in-suite bathroom or who's to take out the trash, your suitemates often become some of your closest friends.

NOTA BENE

Use the information that follows *as a guide only* for what to expect. We have done our best to provide you with the information we can so that you can better plan for your suites.

THE SUITES

Farnam Hall has three Entryways—A, B and C—that are all accessible via the Old Campus side of the building using your Yale ID. Entryway A is adjacent to Battell Chapel, and C neighbors Lawrance Hall (for Stiles First-Years), leaving B in between. Like most residential buildings at Yale, there are no traditional “hallways” in Farnam. Instead, the entryways open to reveal stairwells; your neighbors are the people above, below, and on the same landing as you, as there are generally two suites per landing: one on the right, and one on the left.

To determine where you’ll be located in Farnam, look at your suite number:

FA-22A

- The **F** stands for Farnam.
- The **A** that follows is your entryway.
- The first number designates your floor. (Zero is the basement.)
- The second number designates the right or left suite on the landing. (Facing Old Campus, suites with a “one” are on the right; “twos” are on the left.)
- The third letter tells you which room in the suite is yours

There are four kinds of suites in Farnam:

Most common ↑	THE SEXTETS (9) Entryways B and C Floors 2, 3, and 4 4 Singles, 1 Double 1 Bathroom, 1 Common Room	THE DOUBLES (3) Entryway A, Floor 1 and Two Basement Suites 1 Double 1 Bathroom, 1 Common Room FA 11 use the Common Rm in FA12
	THE DECTETS (3) Entryway A Floors 2, 3, and 4 6 Singles, 2 Doubles 2 Bathrooms, 1 Common Room	THE QUINTETS (3) Basement Hallway Suites Entryway C Floor 1 3 Singles, 1 Double 1 Bathroom, 1 Common Room
		Least common ↓

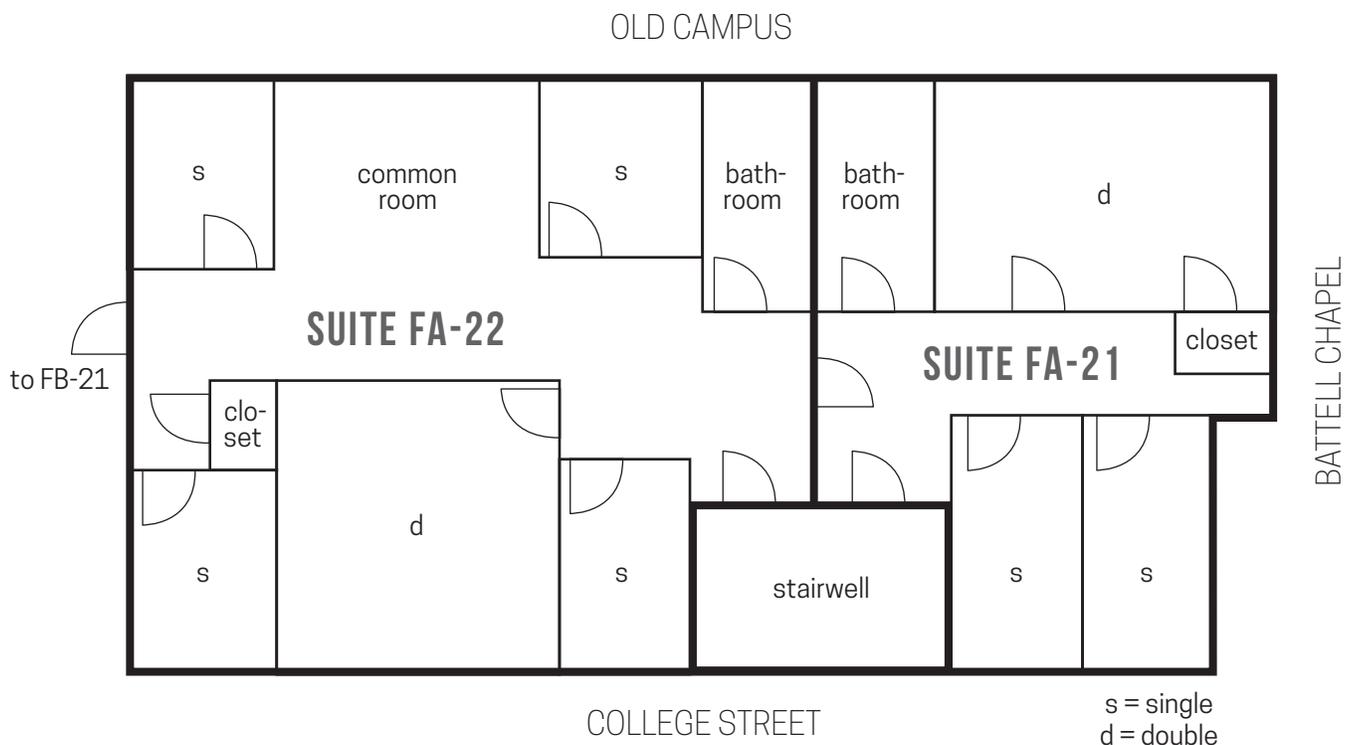
To give an example of bathroom facilities, those in sextets and quintets contain one shower, one toilet and two sinks. The extra bathroom in a dectet is the same except with one fewer sink. Since all suites have in-suite bathrooms, you are responsible for keeping them neat (the University cleans them only once during Winter Break) and for procuring your own toilet paper. Yale provides this necessity and any cleaning supplies you may want to use. Ask your First-Year Counselors when and where you get it. It's best to take as many friends with you as possible. Limit six rolls a person per trip (but it's usually not enforced).

There are fire doors between suites on the same floor that—along with the stairwells—allow Farnamites to pass through almost all suites without hindrance. Living in Farnam is like living in a suite with every First-Year in JE. Most suites leave suite doors unlocked to let Farnam traffic flow. Don't worry, bedrooms are all individually keyed.

Common Rooms are furnished and the space is ~ 11' x 12'. You might want to spruce it up a bit with colorful posters, a refrigerator, curtains and a rug.

NB: Decorate without holes in the wall. Holes equal fines at the end of the year.

The dectets are actually regular sextets with quads attached (hence the slash in FA-21/22, for example). The partitioned space functions as one suite—there is only one regularly-sized common room but it contains two bathrooms. The diagram of a typical dectet suite is shown below. *The FA22 portion is typical of all sextets.*



THE BEDROOMS

FARNAM DOUBLES

Doubles typically are about twice the size of the singles—about 11' x 13' (not including wardrobes). All furnishings are doubled: 2 beds, 2 desks, 2 wardrobes, 2 chairs, 2 storage units.

BED

Bed dimensions are roughly 7' x 3'. Beds in singles differ from beds in doubles. doubles. Single-room beds are low to the ground and contain two shallow storage drawers beneath. Beds in doubles are of the bunkable variety. However, doubles in the sextets and dectets are large enough so that there's no need to bunk your beds. In these rooms, it is possible to adjust the height of the mattresses up to approximately 30 inches. At full height, a bureau dresser will fit beneath such a bed.

STORAGE UNIT

Small, two-drawer storage units (2' x 1.5') come as components of the desks. (The desks in Farnam each have only one shallow tray-type drawer.) They are very useful, but it can be difficult to find a place for them. Both the unit and the chair cannot fit under the desk at the same time. Try using it as a nightstand.

DESKS

Desks in Farnam are small—about 3' wide, 2' deep. If you purchased a desktop computer with a traditional monitor, that is probably the only thing you will be able to place on your desk. We recommend a laptop for space purposes. And if you're bringing a printer: the smaller, the better.

DESK CHAIRS

Desk chairs provided are large, sturdy, wooden chairs that rock back. You may want to bring a pillow for it to cushion your tush.

SHELVES

Most rooms have two adjustable metal or wooden shelves that fit into metal brackets that run along the walls. For some of you (keep reading) these may be your only shelf storage.

WALL

At least one wall in most bedrooms is made from a fibrous, bulletin board-like material. Feel free to adorn your walls with posters, pictures and more. Use pushpins or adhesive putties to decorate; tape will take off paint that may get you fined.

MORE SHELVES

Many bedrooms (all those not on the fourth floor and those not in the doubles in FA-21, -31, and -41) contain shelving that runs a couple feet below the ceiling.

CLOSETS AND DRESSERS

The closets are mostly to save space, and you will find most of the dressers already placed inside them. Above the hanger rod is a deep storage shelf. High ceilings allow large items to be placed above the wardrobes.

OTHER HOUSING INFORMATION

COMMON ROOMS

Common Rooms are furnished. All above-ground common rooms look out on Old Campus. Fourth floor common rooms have window seats. There are no curtains in the Common Rooms.

BEDROOMS

The University provides each student with a desk, a chair, a bureau and a closet or wardrobe. There are curtains in the bedrooms but not in the Common Rooms.

LIGHTING

You'll want one floor lamp for a single bedroom, two for a double, and at least two for the common room. You'll need a reading lamp for your desk as well. Halogen lamps are dangerous, and illegal.

AIR

A small fan is also nice to circulate the air in your room. There is no air-conditioning in Farnam and it can be hot and sticky in New Haven for a few (long) weeks before the weather cools. Also, the heat rolls out along the walls all winter and can make things really dry, so some students bring humidifiers. In the colder months, heating is inconsistent. Some of you will be sweating; others may want a space heater.

ELECTRICITY

Bring surge protectors/extension cords for your room and common room, but avoid overloading circuits, or you'll be whammied by the Fire Marshal. When you move in, look for plugs hidden by furniture. Also check which plugs are controlled by switches and which are not. You'd hate to accidentally turn off the fridge when you turn off the lights.

CEILINGS

Ceilings in Farnam are vertically generous; ceilings are over 11' high.

SPECIAL CLOSETS (A ENTRYWAY)

The doubles in sub-suites FA-21, -31, and -41 do not have wardrobe closets. Instead, they have small traditional closets that must be shared by both students—about 30" wide, 36" deep. However, the rooms themselves are slightly larger than the other doubles in Farnam (12' x 13').

EXTRA FURNITURE

Be advised that there is little room for extra furniture in bedrooms. A set of stacking crates or a small refrigerator is the only thing that will fit.

REFRIGERATORS, ETC...

Farnam suites do not contain kitchenettes of any kind and so a small, dorm-sized refrigerator is a must-have for each suite. They can be rented on campus, bought nearby, or brought from home. We also recommend bringing food supplies and preparation items for late-night snacks. And remember, there is a kitchen for student use in the basement of JE if you feel like really putting your culinary expertise to work.

PHONE

cell phone

WIRELESS INTERNET

Farnam is outfitted with wireless routers. Both secure and guest networks are available, and student techs will be on hand during move-in week to help set you up. Occasionally there are wireless outages, so think about packing a trusty Ethernet cable (ports available in every room).

LAUNDRY

One of the two Old Campus laundry facilities (and the nicer of the two) is located in the basement of Farnam Entryway B. Washer cycles are \$1.25, and dryer cycles cost the same. Your Yale ID card will allow you to pay.

ENTRYWAY A SINGLES

The singles in suites FA-21, -31, and -41 are longer (15') and narrower (6') than the other rooms in Farnam yielding a bit more precious floor space. Yay!

BASEMENT DOUBLES

FA01 and FC01 have a common room, double and bathroom. The bedroom is roughly 9' x 12', the common room is also 9' x 12' and has a curved wall with a raised bench.

FOURTH FLOOR

The fourth-floor bedrooms have slanted ceilings. This means that 1) They do not have the overhead shelving, and 2) they have slightly reduced volume. However, the fourth floor suites have pretty window seats in their common rooms and doubles.

PROPERTY

Some students opt for low-cost property insurance (we hear there's one offered by Haylor, Fereyer, & Coon). This covers theft, which can happen anywhere, but is unlikely to occur in your bedroom which has its own lock.

SECURITY

Three levels: Entryways are ID card-access only; only Farnamites can enter Farnam. Suites have common keys for all members, but most suites opt to leave their front door open to let First-Years pass through. Individual rooms have individual keys. In addition, at night, all gates of Old Campus are made ID card-access only.

YALE / JE LINGO

The Yale language can be a bit confusing at first. Therefore, we have provided you with this (by no means exhaustive) glossary of terms to prep you for assimilating straight away. Study this well, and you may pass for a sophomore!

ANNEX HOUSING

Where upper-level students live on campus when there is no room for them to live in their colleges. Almost all annexed occupants are juniors (first-year, sophomore and senior housing is guaranteed).

BURSAR BILL

Yale College's way to "buy now; pay later." Swipe your ID at the bookstore, Durfee's, and other locations to simply accumulate a balance payable on your next tuition bill.

BUTTERY

Affectionately called "The Butt" is located in JE's basement, open Sunday through Thursday nights for movies and greasy, yet incredibly tasty cheap food.

COMPUTER CLUSTER

Located in the Lower Taft, near the study carrel. It has several PC's, a couple of MACs, a photocopier and a fax machine. Very Handy!

CPA FUNDING

AKA Creative & Performing Arts Awards are opportunities to receive funding for independent artistic projects including plays, art shows and creative writing publications.

CURTIS CURTISS LIBRARY

Located in JE Entryway K; a very cozy place to study

DANCE STUDY

Bust a move, strike a pose, practice Yoga, meditate

DEAD WEEK

The week after exams and before commencement, usually applicable only to seniors and those involved in certain extracurricular activities.

FIRST-YEAR COUNSELORS (FROCOS)

Seniors chosen by the residential college Deans to live with and counsel their colleges' first-year classes. They are super people who exist to love, guide and support you. Love them.

FIRST-YEAR OLYMPICS

First-Years from each residential college compete for pride, honor, and glory. Luckily, JE already has all that so winning the First-Year Olympics is just a bonus. After years of last-place finishes, 2012 and 2013 have restored JE to glory. 2012 took 5th place; 2013 took 3rd. 2014 saw a drop down to sixth. In 2015, 2016, 2017, 2018, 2019...well...let's just say, we're counting on YOU this Spring!

THE GAME

The Harvard-Yale football game: a must-see.

GAME ROOM

Two pool tables, wall-mounted TV's, comfortable sofas, ping-pong and foosball tables...perfect cave!

GREAT HALL

Commonly known as the Dining Hall, is the heart of the college. Here is where all social events and dances are held. Be sure to check it out during Halloween (think Hogwarts).

THE GREEN (NEW HAVEN)

New Haven public area; large and green. Your bedroom window in Farnam may look out onto it.

GYM

Upgraded in 2018 and located in JE basement

Head of College Teas

Event for which a well-known or influential politician, **film** star, artist, scholar, or **scientist** is invited to speak to small gatherings of Yale community members. Go often!

HOUSE OF PAYNE

Payne-Whitney Gymnasium, Yale's shrine to athletics; it is the second-largest indoor athletic facility in the world.

JE PRESS ROOM

JE has bragging rights here...our printing press is the oldest, most elaborate in all Yale College. JE prints its own diplomas for Commencement.

LAUNDRY ROOM

Located in JE basement; the place where your color clothes get bleached and your whites get stained

LOWER TAFT

One of several library spaces in JE. Comfy couches, spacious study carrels, and a cramped spiral staircase—everything you'd expect in a residential college.

MATH/SCIENCE TUTOR

Scholars hired by each residential college to aid in the study of natural sciences. JE's Math/Science tutor is invaluable for all your math problem sets and questions. If you think his areas of expertise might not be exactly what you're looking for, feel free to explore other college's math/science tutors.

MINIBUS

The safest way to get around at night. Good to use if you are far from campus, and great to use when you don't feel like paying for a cab or Uber.

THE OTHER SCHOOL

Hahvahd. Love to hate it.

PHELPS GATE

Yale's gateway to New Haven located on the southeastern side of Old Campus. This is where to send taxis, have pizza delivered, and feel the wind's frosty wrath in winter.

READING WEEK

The week before exams, during which most classes do not meet in order to give students time to study and write final papers. Also known as Reading Period.

ROOM DRAW

The game devised by each college, whereby upper-level students (and upper-level students-to-be) define the order in which they will choose suites for the coming year. JE students pick their suitemates and then enter into a lottery to determine the location of their suite for the following year.

RUSH

The period of time (within the first two months of school) when students audition for a cappella groups; it begins with a concert in Woolsey Hall and ends with Tap Night.

Fall Ball

A formal dance that most people attend with a blind date set up by their roommates. Each college hosts its own version of Fall Ball every Fall.

SHOPPING PERIOD

A week-and-a-half period at the beginning of each semester during which you may attend any classes that interest you before you submit your formal schedule. Everyone shops; it is highly encouraged! Just remember that anything covered during Shopping Period might show up on an exam.

SKYPE ROOM

Located in Entryway H; to be used for video and private interviews for internships or fellowships

STUDENT KITCHEN

Located in the basement; reservations made through JE website

TAP NIGHT

The night when students are selected to join certain extracurricular groups and clubs. A cappella groups and secret societies have the two most active Tap Nights.

THEATRE

Perfect for student productions or movie night

TOMB

Home of a secret society.

TRANSFER

To eat in a Dining Hall that is not your own but why would you?

UPPER TAFT

Technically the Beekman C. Cannon Reading Room. Ideal for studying—well-lit and a focused atmosphere. Take the spiral stone staircase from the Lower Taft.

WEIR HALL

The southwestern quadrant of JE; home to the Great Hall and JE's libraries. Legend has it Weir Hall was bought by Yale from the Skull and Bones Society to build JE.

WRITING TUTOR

Scholar hired by each of the residential colleges to aid students in writing papers in all subject areas. JE's writing tutor is the fabulous Kate Hunter. She is the nicest person you'll ever meet and she will be insightful and supportive of your writing. Making an appointment with her is highly encouraged.

FUN WITH ACRONYMS

Acronyms abound at Yale, and they can be overwhelming if you're not prepared. Use this guide as a primer, and—before you know it—you'll be leaving an FCC meeting in SML to play an IM on OC for JE, but keep it on the DL, OK?

BASS

Bass Library. The underground “study” library that has its own organic café, which is great if you like working in a coffee shop atmosphere.

DUH

Yale University Health Services. A place to go when you're feeling ill. The name changed (from Department of University Health), but the old acronym stuck.

DS

Directed Studies. A comprehensive First-Year humanities program. DSers are best left alone (unless you're bringing them coffee) Thursday nights. The rest of the week, they are perfectly normal and often quite friendly.

FCC

First-Year Class Council. An elected body that organizes and executes fun First-Year frivolities like the Fall Ball and the First-Year Olympics. You vote for two representatives from your class at the beginning of the year.

IM'S

Intramurals. Sports played competitively between residential colleges for the coveted Tyng Cup. There are three IM seasons with different sports each season. Not to live in the past...but did we mention we were 2010 & 2011 & 2012 Tyng champions? Keep hope alive - this may be our year again!

ITS

Information Technology Services. Responsible for your Ethernet, long-distance telephone and other telecommunications.

JE

Jonathan Edwards College. We hope you got that one straight away?!

JECC

Jonathan Edwards College Council. JE's student government. JECC is your source for JE gear and your voice in the operation of JE. JOIN and PARTICIPATE.

KBT

Kline Biology Tower. The highest building at Yale with the highest dining facility at Yale. Students with classes on top of Science Hill can grab lunch here.

LC

Linsley-Chittenden Hall. The center for English studies at Yale, located on Old Campus.

OC

Old Campus. The heart of Yale, where you'll be living.

LOM

Leet Oliver Memorial Building. The main Math Building.

SAC

Social Activities Committee. Each college has one; pronounced sack. JE SAC plans food nights, dances, ski trips, and other events to pass the time outside classes.

SML

Sterling Memorial Library. The main branch of the Yale Library.

SSS

Sterling, Sheffield, and Strathcona Hall. Home to a main lecture hall and the Yale College Dean's Office.

WLH

William L. Harkness Hall. A Cross Campus building that houses multiple disciplines' classes, including music and history.

YCC

Yale College Council. The highest level of Yale undergraduate student government.

YPMB

Yale Precision Marching Band. They aren't exactly precise, nor do they necessarily march, but they sure are funny to watch at half-time.

YSO

Yale Symphony Orchestra. Flutes, violins, timpani...

Some Yale building are known by indecipherable acronyms. This site will help:
<http://www.yale.edu/sis/building.codes.html>

THINGS TO CONSIDER

BANKING

You will most likely want to set up some kind of banking account in New Haven during your first couple of days here. The University banks with Bank of America; therefore, all ATMs on campus are affiliated with that bank. A “B of A” ATM is located in Durfee’s (on Old Campus) very near Farnam and in Bass Library. Many banks are within walking distance of Old Campus. For more information on banking and branches, refer to The Yale Guide.

BIKES

Science Hill is the farthest point on campus from Farnam, approximately a 15-minute walk. You may take a Yale bus from near Old Campus or Commons (the main dining hall) or you may prefer the freedom of a bike. If you do have a bike on campus, be sure to purchase a U-lock to stave off bike thieves! You will need to register your bike in JE’s Receiving Office, once you get to campus in order to store it in the college’s courtyard.

LAPTOPS

If you have a laptop computer, you might want to purchase some kind of portable computer lock. A few seconds of diverted attention can cost you several hundred dollars and a semester’s load of work. It is also wise to register your computer with the Yale Police—you’ll receive more information on this at the Safety Talk your first week at school. And need we say: back up your work, back up your work, back up your work!

WINTER

New Haven winters can be beautiful, but they are long, cold and wet. Come prepared with suitable clothes. If you are not from New England, listen up! Get a big coat, hat, scarf, gloves and boots!

CLOTHES

While you’re at it, pack some clothes for out-of-the-ordinary occasions, such as the **Fall Ball**, Halloween, Spider Ball, formal parties, interviews, etc... Think formal, semi-formal and costumes. Yalies are big on all three.

PACK LIGHT

Essential if you're not within driving distance! It's cheap to ship clothes and books from home by US Post and you can bring things back at Thanksgiving, Christmas, and Spring Break.

NEW HAVEN FOOD

The Yale Campus is very nuclear; there really isn't a great need to leave. Dining Hall food is plentiful; junk food is available at Durfee's (on Old Campus); Off-campus, there's cuisine of almost every type imaginable, including a plethora of world famous (not kidding) pizza and Thai options. There's a Stop & Shop on Whalley Avenue for your groceries.

MOVE-IN

If you're driving to New Haven, be sure to get to campus early on move-in day. You will see signs on College Street designating where each college should park and look for JE Spiders with JE Moves t-shirts to help you unload. You can park on the street/sidewalk for a short period of time while you unload.

FIRST-YEAR COUNSELORS

(FROCOS)
2019 - 2020



ROCKY LAM



Head FroCo, Rocky identifies as both a New Yorker and a Hongkonger—born in Brooklyn, he spent the first four years of his life in Hong Kong, before returning to the City and remaining there until... Yale! At Yale, he is a Sociology major with an interest in Chinese diasporas in Spanish-speaking countries, which has led him to live in countries like Spain and Argentina. Outside the classroom, he has planned events with the Asian American Cultural Center, held wellness check-ins at the Good Life Center, and mentored students at the Center for Teaching and Learning. During his free time, he loves to watch anything from travel blogs to dance videos on Youtube and read books, especially those by POC authors. He is excited to talk about all of the above and more with JE first-years!

Rocky's \$0.02

Don't be afraid to do things alone! Starting college is nerve-wracking and you will probably feel inclined to do a lot of things with someone else, from dining hall meals to club meetings. Do build relationships by going to things with other people, but don't let the fact that you may be going to something alone stop you from going. Yale is full of incredible opportunities and people, and you wouldn't want to miss out on some of these possibilities simply because you didn't want to walk into a room of strangers. Also, how do you usually react when someone walks into a room that you've been in? Yeah, it's really not a big deal. That said, definitely do what you're comfortable/slightly uncomfortable with!

KAZEMI ADACHI



Kazemi (he/him/his) comes from the exciting Chicago suburb of Lincolnshire, Illinois. In the classroom, he studies in the Applied Physics department and Energy Studies program with a goal to make energy systems more equitable and sustainable. Each year has brought him a different set of extracurricular activities -- he has variously been the chair of the Spring Fling committee, danced with the Yale Steppin' Out (with Rocky!), and become ingrained in the JE community as the head JE College Aide. This year, he plans to split his time between FroCo duties and serving as the president of the Yale Buddhist Sangha (in addition to school). In his spare time, he watches too many Bon Appetit cooking videos on Youtube (iykyk) and dreams of the day when he will have all the necessary time and equipment to cook to his heart's content.

Zemi's \$0.02

Yale can be a crazy bubble, for better or worse. No matter your passion or what you do during your time here, I encourage you to contextualize the things that you learn and the experiences you have here in the interconnected stories of your own life, of Yale, of New Haven, and of the world. Being a Yalie (and a JE spider) affords you so many privileges, so use them to move and shape the bubble for everyone's benefit!



MATTHEW LE

Matt (he/him/his) hails from the suburbs of Atlanta, where he was born and raised in the small town of Conyers, GA. He is among the first generation of his family to attend college. He traces his family's roots back to Vietnam, from which his parents emigrated in the 1970s. On campus, he studies Economics and Mathematics, serves as the president of the Vietnamese Students Association (ViSA), and teaches public schoolers all around New Haven. He's spent his summers in places ranging from Tokyo, Japan, where he studied Japanese through the Light Fellowship, to Chicago, IL where he is currently working on improving educational outcomes in low-income communities.

You can often spot Matt on campus studying with headphones on chilling out to music, drinking cold brew coffee, or eating a breakfast sandwich, and sometimes doing all three at once. Having loved his experience last year as a Peer Liaison working with first-years through Yale's Asian American Cultural Center, he's looking forward to getting to know JE's first-years during the next school year!

Matt's \$0.02

Take care of yourself. At Yale, many people often experience feeling pressure to do more, to study more, to join more groups, to push yourself oftentimes to a point where it negatively affects one's health, physically, mentally, or otherwise. There's nothing inherently wrong with ambition. However, it is vital you do not lose sight of yourself in the process. As people, we are necessarily imperfect. We have limitations. As such, take time to figure out your limits and to find your own balance of pursuing your goals and taking care of yourself. Furthermore, remember that what's seemingly right for other people does not mean it will be right for you.



MARY MARTIN

Mary (she/her/hers) is from Oak Park, IL, but she'll tell you she's from Chicago because that's close enough. Although she's constantly cold, she loves both snow and her electric blanket and is thus a huge fan of New Haven weather. She is pre-med and majoring in Humanities and Molecular Biophysics & Biochemistry. A French horn player, she's a member of the Yale Symphony Orchestra, the president of Coup de Brass (a brass ensemble, as the name suggests), and an artist liaison at the School of Music. Mary also does research in a biochemistry lab and volunteers at Yale-New Haven Hospital in the pediatric hematology/oncology ward. Her favorite things include Bananagrams, tea with too much sugar, road trips, snacking, and movies that pass the Bechdel test. She can't wait to meet the Class of 2023!

Mary's \$0.02

Transitioning into college has no set timeline—don't feel like you have to be settled in after a week, or a month, or a semester. No one really has it figured out, and no one has to, because part of the point is to try things out and learn from what does and doesn't work. Don't put undue pressure on yourself to do everything or to feel like you have it all together; celebrate all your victories, even the tiny ones, and be thoughtful about checking in with yourself. Most importantly, do what makes you happy, and remember that lots of people (including your Frocos!) are here for you if and when something doesn't go perfectly.

LORENA ORTEGA



Lorena grew up in Oakland, California and identifies as a Mexican-American. She is a history major with interest in U.S-Latin American relations and immigration policy. On campus, Lorena has worked as the Events Coordinator for the Yale Undergraduate Legal Aid Association and the FIS coordinator for Dwight Hall. She has also enjoyed getting to know the New Haven community through internships with local organizations that work to empower immigrants and refugees such as IRIS and New Haven Legal. Growing up in a Spanish speaking household, Lorena loves studying languages, which has led her to study abroad in Paris, France and Amman, Jordan. Lorena has also traveled to Israel and Palestine as a Peace and Dialogue Fellow. Lorena is most proud of her role as an audience member. She tries to attend as many student events as possible to cheer on her friends, so make sure to let her know if you have an event coming up, so she can cheer you on! During her free time, you can find Lorena drinking a honey-ginger-lemon tea at Jojo's and pretending to study with her friends. Or you can find her on the couch, wearing her PJs watching a Netflix series while eating pad Thai.

Lorena's \$0.02

Find ways to make Yale best fit you, not the other way around. There is no right way to do Yale, so don't let the fear of somehow not being a good « Yalie » stop you from trying new things or going against the flow. Yale has more opportunities to offer than any person is capable of accessing in their four years, no matter how hard they try. So stay true to what impassions you, to what sparks your curiosity. Doing so may lead you down paths you never expected. Do not be afraid to try out for the coveted part in a play, to apply for the selective program, to try the new hobby, to take the class that has nothing to do with your major, and to do it all while maintaining the humility that comes with acknowledging the possibility of failure. Although the fear of failure is scary, the regret you might feel for not trying at all can be worse. These next four years are about making the most of this experience, whatever that means for you and only you. And we are excited to help you along the way!

Sana Aslam

The best moments of Sana's day are those like wandering upon a new study spot, or sitting in the after feeling of a hearty conversation, or noticing something different in what she sees every day. Sana majors in Anthropology and has a love for the social studies of human thought. On campus, she researches with a domestic violence initiative and has served as a Chaplain's Office fellow. She has also enjoyed getting to know New Haven, through teaching sex-ed in local high schools and working with the U.S. Grant summer program for awesome New Haven public middle schoolers. Sana is Muslim, Pakistani American, and Kentuckian, and she uses she/her/hers pronouns! This photo is from winter break, when she was in Indonesia with fellow Yalies, learning about grassroots community building. She is so excited to welcome all the first-years to JE.



Sana's \$0.02:

In the whirlwind that can be college, take time to discern your own opinions. Try to challenge preconceived notions and extend empathy as you do so. Many well-meaning folks whom you may respect and admire, from older students to your suite mates, will have specific feelings about professors, majors, administrators, peers, extracurriculars, causes, etc. Hear them out, but also trust your own intuition and rationale, even and especially when it's different from what others are saying. Remember that not everyone or everything clicks with all, so I would caution against writing off experiences or people, or even sticking with something that doesn't feel right, based on hearsay or what others' think. Be your own person. You will make your own mistakes because you're beautifully human, but what counts is facing these moments as those of learning and growth, with courage and humility.

JULIETTE



WALLACE

Juliette is from Portsmouth, Virginia, but her heart lives in a million different places. As an environmental studies major, she's usually pressing flowers or lecturing anyone she meets about the importance of sustainability. When she grows up, she wants to plan and manage urban green spaces. Her favorite things to do in New Haven are ride her bike, read in Wooster Square, and eat Mamoun's falafel pitas at 2AM. She can't wait to meet her first-years and make them desserts in the JE kitchen.

Juliette's \$0.02

College advice is full of clichés, but they are all true. Be gentle with yourself. Academics are important, but they aren't everything. Use this time to figure out who you are, and only invest your energy into things that fulfill you. Take the interesting classes; get out of town on a Saturday; wake up early and have a beautiful breakfast; stay up eating junk food with your suite mates. The freedom of college is wonderful, and there is so much to anticipate.

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